

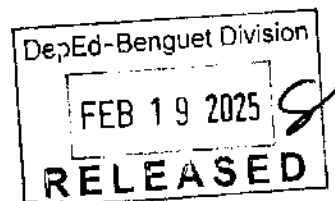


Republic of the Philippines
Department of Education
Schools Division of Benguet

18 February 2025

DIVISION MEMORANDUM

No. 87, SR025



To: Public Schools District Supervisors, Coordinating Principals
Public Elementary and Secondary School Heads
School Health and Nutrition Unit Personnel
All Others Concerned

**HEALTH, PROPER DIET and EMERGENCY MEDICAL SERVICES Guidelines,
Directory and Playing Venue Assignments of School Health and Nutrition Unit
Personnel for the Cordillera Administrative Region Athletic
Association (CARAA) Meet 2025**

1. In connection with the upcoming CARAA Meet 2025, **all SDO-Benguet- School Health and Nutrition Unit Personnel**, in collaboration with the Public Health Office (PHO), Provincial Disaster Risk Reduction and Management Office (PDRRMO), Municipal Disaster Risk Reduction and Management Office (MDDRMO) of different districts, Baguio State University (BSU), Cordillera Career Development College (CCDC), Philippine Red Cross (PRC) Benguet Chapter and other SDO medics are assigned to provide emergency medical services at various playing venues in Baguio, Tublay, and La Trinidad, Benguet. This assignment will be effective from **February 23 to 28, 2025**.
2. The medics assigned to the parade and their stations have been designated. **(Enclosure 1)** Additionally, the delegation nurse **(Enclosure 2)** responsible for the Benguet athletes will be stationed at the *SDO Clinic* and the *Benguet NHS Clinic*.
3. Medical personnel assigned to the field must ensure effective coordination by reaching out to their designated team leader. They should also complete and submit case report forms **(ENCLOSURE 3)** daily to ensure that athletes are continuously monitored by their assigned medical delegation, using either their cellular phones or another reliable communication method.
4. The deployment of EMS personnel will begin prior to the competition, with the exact timing to be determined by the team leader in coordination with the venue administrators. Therefore, the **competition schedule and any changes must be coordinated with them.**



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5. EMS personnel are required to remain at their posts until the event concludes. The specific time for demobilization will be determined by the team leader in coordination with the venue administrators.
6. Referral hospitals include **Benguet General Hospital** and **Baguio General Hospital and Medical Center**. No patient should be sent directly to the hospital unless referred to or coordinated with the EMS team.
6. Travel expenses shall be charged to local funds and subject to the usual accounting and auditing rules and regulations.
7. This memo serves as **authorization for travel** and designates it as part of their official duties. As such, it will be accounted for **hazard pay**. Furthermore, it will be applied toward the corresponding **service credit/COC**.
8. Attached are the Emergency Medical Services Directory and the Playing Venue Assignments (**ENCLOSURE 4**).
9. Immediate dissemination to all concerned is desired.

ESTELA P. LEON-CARIÑO EdD, CESO III
Director VI/ Regional Director
And Concurrent Officer-in-Charge
Office of the Schools Division Superintendent

sgod/lba/kdd



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ENCLOSURE 1 (PARADE AND PROGRAM- FEBRUARY 23, 2025)

To be with the Delegates:

TL: Shelby G. Sangao- 09771749783
Cherelyn Menis
Normelyn M. Suaya
Carol C. Igueldo
Genevieve Bastian

LTCS with PDRM Ambulance

TL: Denver Japhet K. Fagyan- 09993274488
Liza P. Dimbanan
Lorna M. Diwas
Zhimar F. Garriga
Fe Belen Achayaan

KOREAN BUFFET with PDRM Ambulance

TL: Robert Jay Namoro- 09399141098
Geralyn Belino
Brenda B. Oidi
Maria Victoria Marzan
Nimia Meris

Benguet NHS

TL: Juliet Kito- 0936146266
Alpharita Tagle
Estrella Guzman
Roselle Kidkid
Mila Paciteng
Dolores Akilith

OVAL - PROGRAM with PDRRM1

TL: Karren Gaqui - 09606145105
Yvette Abance
Karren Gaqui
Mae Fatima Cobaldez
Florence F. Gam-ad
Rachel Baniqued
Johnny Compelio
Reina Gaea Duyao
Roselle Kristine Waguis

OVAL - PROGRAM with PDRRM2

TL: Saturnino Calasan- 09609040803
Remedios Sacyat
Araceli Advincula
Zareen Binay-an
Ricarda Gu
Teresita Colas
Jennifer Fernandez
Ma. Cathlea A. Pulig

GOVERNOR'S NIGHT

TL: Jeremie Teofilo- 09494500949
Gergenzon Delfin
Rose Virginie Killip
Joyce Cayamdas
Lloyd Tabdi
Lorraine Agayo
Sylvester Tan



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ENCLOSURE 2 (BENGUET DELEGATION HEALTH AND WELLNESS OFFICER)

BENGUET NHS CLINIC	SDO CLINIC
Kirsty A. Depnag-Doman	
Marcelino Samonte	
Abraham Ulep	
Shodee Bolayo	
Remedios C. Sacyat	Roselle Kristine D. Wagnis
Estrella C. Guzman	Yvette Abance
Cherelyn Menis	
Rose Virginie D. Killip	
Saturmino S. Calasan	
Jeremie B. Teofilo	
Gergenzon T. Delfin	
Sylvester C. Tan	
Shelby G. Sangao	
Zareen B. Binay-an	



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ENCLOSURE 3 (PATIENT LOG SHEET FORM FOR CARAA MEET 2025)

Date & Time	Last Name	First Name	Age	Sex	SID	Findings/ Diagnosis	Treatment/ Management	Attended by:
	Sports:							
	Sports:							
	Sports:							
	Sports:							

Medics on Duty: _____
 Name and Signature of Team Leader



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ENCLOSURE 4 (EMS FOR THE CARAA MEET 2025- FEBRUARY 24 to 28, 2024)

No.	VENUE	EVENT	Names of Team on Duty	Names of Ambulance EVO and Crew
1	Melvin Jones	Archery	TEAM 1 Tuba MDRRM and MHO Leigh Ann Paytoc Aida Apil Glayza Apilada Frauline Lomedio	AMBU 1 Tuba MDRRM and MHO EVO: Clifford Lardizabal CREW: Wilhelm Abance Ronnel Clacio
2	Bagulo Athletic Bowl	Football	TEAM 2 Itogon RHU Marie Jorelyn P. Bahingawan Rossan B. Balisto Jordan M. Toyoken Daisy Mae Budong	AMBU 2 Itogon RHU EVO: Nicole Ibarra CREW: Mary Twinkle Judy Claire
3	Irisan NHS, Baguio City	Wrestling	TEAM 3 DepEd Team A Dr. Libeney Sito Beverly Gonsoden Art Taldhan Sherwin Angagka Juan Palattao Jr.	AMBU 3 SABLAN RHU EVO: Jeffrey Madayag Crew: Samira Sofa Aprilia Anne Lomboy



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 Integrity | Beliefs |





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4	Baguio City NHS	Gymnastics	TEAM 4 DepEd Team B Dr. Arlene Awing Juliet Ursabia Japhet Basan	AMBU 4 Itoyon MDRRM EVO: Henson Balisto CREW: Daneson Soliweg Rey Mar Ladia
5	Balao Building, Pico, LTB	Billiards		
6	Benguet Capital - Ben Palapya Hall	<ul style="list-style-type: none"> ▪ Table Tennis Elem ▪ Table Tennis Secondary ▪ Volleyball Elem E/G 	TEAM 5 Bakas REU Jason Kevin Lips Quendra Mae Bagnison Charrisse Darwin Gracie Joy Barlay	
7	San Jose High School Gym	Badminton	TEAM 6: DepEd C 0946294431 Geraldyn A. Belmo Teresita M. Cobas Mila Paciteng	AMBU 5 Provincial BFP 1 EVO 2 CREW
8	Benguet Aquatics Center	Swimming	TEAM 7 LT MDRRM M. ... M. ... M. ...	AMBU 6 MDRRM EVO M. ...



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SCHOOL YEAR 2018-2019		SCHOOL YEAR 2019-2020	
Grade Level	Number of Schools	Grade Level	Number of Schools
Elementary	100	Elementary	100
High School	20	High School	20
Technical	5	Technical	5
Special Education	5	Special Education	5
Total	130	Total	130



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YEAR 1	YEAR 2	YEAR 3	YEAR 4
Grade 1	Grade 2	Grade 3	Grade 4
Grade 5	Grade 6	Grade 7	Grade 8
Grade 9	Grade 10	Grade 11	Grade 12



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<p>PEO, Wangal, LTB DON POLAS ES</p>	<p>Chess Weight Lifting (DEMO Sport)</p>	<p>TEAM 15 Doped Team #1 Flarmer D. Gallego Rafael S. Gue Romel S. Fernandez</p>	<p>AMBU 10 FORNINO C EVO: Gabe-fer Wangue CREW: Alfred Gallego Erwin Mazon</p>
<p>BSU Enclosed Gym</p>	<p>Basketball 3x3 Sec B/G Basketball Elementary</p>	<p>TEAM 16 PRC 2 Hylla Mae Paying Heidi Sabaway Anna Marie Lipao</p>	<p>AMBU 11 PRC EVO: William Magalgalit CREW: Ladimer Balawag Jomar Javier Chiska Bawingan</p>
<p>BSU Football Ground</p>	<p>Baseball Elem and Sec</p>	<p>TEAM 17 BSU 4 Team Members</p>	<p>AMBU 12 BFP LT F02 Jellaine Agustine F01 Gary Altan Jr. F01 Junie Mark Buyayo</p>
<p>BSU Covered Court</p>	<p>Futsal Muay Thai Elem and Secondary</p>	<p>TEAM 18 PRC 3 Clariselle Fe Guzman Jenny Landisan Hannah Shalom Fernandez</p>	



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20	CCDC	<ul style="list-style-type: none"> ▪ Basketball 5x5 Secondary B/G ▪ Dance Sport 	<p>TEAM 19</p> <p style="text-align: center;">DepEd Team I</p> <p>Karren S. Gaqui Rachel L. Baniquid Loraine P. Agayo</p> <p style="text-align: center;">CCDC</p> <p>1MD 3 Team Members</p>	<p>AMBU 13</p> <p style="text-align: center;">LT MHSO</p> <p>EVO: John Melvin Nabus</p> <p>Crew: Jennica Tobanes Kevin Osit</p>
21	Tacdian Elementary School	<ul style="list-style-type: none"> ▪ Sepak Takraw Elem ▪ Sepak Takraw Girls 	<p>TEAM 20</p> <p style="text-align: center;">Deped Team J 09075858719</p> <p>Maria Victoria A. Marzan Alpharita L. Tagle Nimia C. Meris</p>	<p style="text-align: center;">AMBU 14 Tublay BFP</p> <p>1EVO 2CREW</p>
22	TSHI GYM	<ul style="list-style-type: none"> ▪ Arnis 	<p>TEAM 21</p> <p style="text-align: center;">DepEd Team K 09466577094</p> <p>Dr. Global Jensine Bomowey (BeGH) Brenda B. Oidi Johnny M. Compelio Carol C. Igueldo Genevieve P. Bastian</p>	
23	Tublay Municipal Gym	<ul style="list-style-type: none"> ▪ Wushu 	<p>TEAM 22</p> <p style="text-align: center;">Tublay RHU</p> <p>Dr. Mary Jane Grace Munoz Adones Gambulao Debralyn Kimpa-oy</p>	<p>AMBU 15</p> <p style="text-align: center;">Tublay RHU A</p> <p>EVO: Nero Felix</p> <p>CREW: Beverly Pontino Junela Durante</p>



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24	Paoad Elem School	Pencak Silat	TEAM 23 DepEd Team L Dr. Elmer Patrick Mariano (Notre) Mae Fatima C. Cobalez Robert Jay Namoro Reina Gaea B. Duyao Cherelyn Menis	AMBU 17 Tublay RHU B EVO: Nicky Angelique Lingbanan CREW: Rubelyn Lintan
25	Benguet NHS Clinic	Benguet Delegation	Remedios C. Sacyat Estrella C. Guzman Rose Virginie D. Killip	
26	SDO Clinic	Benguet Delegation	Roselle Kristine D. Waguis Yvette B. Abance	



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